

Fruit of the Spirit Prayer

Love:

Father please grow in me a deep love for You and a selfless love for my family and for those I meet each day.

Joy:

Father please grow in me a joyful spirit so that I can rejoice and give praise at all times.

Peace:

Father please fill me with Your perfect peace that passes understanding and which guards my heart and mind. Grow in me the ability to trust You rather than to worry and fret.

Patience:

Father please grow in me the grace to be patient and to wait on You. Help me to endure hardships calmly and without complaining.

Kindness:

Father please grow in me a generous and compassionate attitude that is always looking to help others.

Goodness:

Father please grow in me integrity and uprightness that I might glorify You.

Faithfulness:

Father please grow in me the grace to be faithful to You and not to doubt Your love and turn away. Please also grow in me the grace to be faithful in all my other relationships.

Gentleness:

Father please grow in me a gentle and gracious attitude toward others.

Self-control:

Father please grow in me self-control and discipline. Help me not to be indulgent in any area of my life.

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