B.L.E.S.S Prayer

“The Lord bless you, and keep you;
The Lord make His face shine upon you and be gracious to you;
The Lord turn His face toward you and give you peace.”
(Numbers 6:22-27)

Body: Bless the person’s health and strength.

Labour: Bless the person’s work, reward, security; that the Lord would provide for their income needs, enabling them to earn enough to live and enough to give.

Emotional: Bless the person with peace, joy, hope, emotional strength and stability.

Social: Bless the person’s relationships with their family and friends. Bless their relationships that they would be loving, healthy, forgiving and strong.

Spiritual: Bless the person with salvation, faith, grace. Bless their minds that their thinking would be renewed through the power of the Holy Spirit.

“I bless you........(name of person) in Jesus’ name that you may…………………………………………………………………………..